

EWYL Lesson Plan for _____

Date	Lesson	Codes
	Special Circumstances	
	S1.1 Healing From Abuse	
	S1.2 Post Abortion Healing	
	S1.3 Relationship Loss	
	S1.4 Domestic Violence	
	S1.5 Pregnancy Loss	
	S1.6 Parenting the Special Needs Child	
	S1.7 Postpartum Depression	
	1.1 Pregnancy – The First Trimester	
	1.2 Prenatal Care	
	1.3 Eating for Two	
	1.4 Your Ultrasound Appointment	
	1.5 Your Developing Baby	
	2.1 Smoking While Pregnant	
	2.2 Emotions of Pregnancy	
	2.3 What's Safe, What Isn't (for a pregnant woman)	
	2.4 Bonding With Your Unborn Baby	
	2.5 Your Changing Body	
	3.1 Pregnancy - Second Trimester	
	3.2 Understanding Your Baby's Cry	
	3.3 Your Unborn Baby's Secret World	
	3.4 Big Belly Mom Hacks	
	3.5 Breastfeeding	
	4.1 Pregnancy - Third Trimester	
	4.2 Getting Ready for Baby	
	4.3 Eye Contact Means Love	
	4.4 Infant Temperament	
	4.5 Importance of Bonding	
	5.1 Infant Expectations	
	5.2 Infant Hygiene	
	5.3 Simple Infant Care	
	5.4 Caring for Yourself after Child Birth	
	5.5 Immunizations	
	6.1 Going It Alone	
	6.2 Infant Massage	
	6.3 Smoking/Drinking/Drugs	
	6.4 Quality Child Care	
	6.5 Talk, Play, Music and Reading	
	7.1 Pediatric Emergencies	
	7.2 Emergency First Aid - Routine Illnesses	
	7.3 Car Seat Safety	
	7.4 Your Baby Can Sleep (from 7 months of age)	
	7.5 Preventing Child Sexual Abuse	
	8.1 Food for Growth – Feeding Your Baby	
	8.2 Sudden Infant Death Syndrome	
	8.3 Your Baby's Development	
	8.4 Infant CPR	
	8.5 Shaken Baby Syndrome	

	9.1 Infant Nutrition	
	9.2 Baby on the Move	
	9.3 Ready to Learn	
	9.4 Happiest Baby on the Block	
	9.5 Toilet Training	
	12.1 Developmental Milestones Introduction	
	12.2 Newborn Milestones	
	12.3 Three to Six Month Milestones	
	12.4 Six to Nine Month Milestones	
	12.5 12 Month Milestones	
	T1.1 Mommy Milestones	
	T1.2 12 to 15 Months Milestones	
	T1.3 15 to 18 Months Milestones	
	T1.4 18 to 24 Months Milestones	
	T1.5 24 to 36 Months Milestones	
	T2.1 Life with Toddler	
	T2.2 Tantrums: Attitude Adjustment	
	T2.3 Tantrums: Battle Plan	
	T2.4 Siblings	
	T2.5 Sign with Your Baby	
	T3.1 PP1: Whining and Arguing	
	T3.2 PP2: Love and Logic Strategies	
	T3.3 PP3: Bedtime, Mornings, and Potty Training	
	T3.4 Sleepeasy Solution	
	T3.5 The Happiest Toddler on the Block	
	Essentials of Discipline - Dobson	
	P6.1 Why Your Child Needs Discipline	
	P6.2 Irresponsibility vs. Defiance	
	P6.3 Anger vs. Action	
	P6.4 Finding Balance in Discipline	
	P7.1 Compliant vs. Defiant	
	P7.2 Changing Discipline With Time, Part 1	
	P7.3 Changing Discipline With Time, Part 2	
	P7.4 Protecting the Spirit	
	P7.5 The Ultimate Priority	
	Parenting, The Early Years - Parrotts	
	P3.1 Affirming, Attentive and Connected	
	P3.2 Discipline and Consequences	
	P3.3 Styles and Roles	
	P3.4 Worrier or Visionary?	
	P3.5 Leaving a Godly Legacy	
	Hidden Keys to Successful Parenting - Smalley	
	P4.1 Discovering What Type of Parent You Are	
	P4.2 Discovering Your Child's Personality Type	
	P4.3 Overcoming the Major Destroyer of Families: Closing the Spirit	
	P4.4 Providing Loving Support to Your Child	
	P4.5 Contracts: Setting Limits	
	P5.1 Developing a Close-Knit Family	
	P5.2 Some Ways to Motivate Your Child	

	P5.3 Using the 'SALT' Principle	
	Self-Esteem	
	P5.4 The Seeds of Self Esteem	
	P5.5 Make Your Child Feel Special	
	Positive Partnerships for Women	
	R1W.1 Healthy Boundaries	
	R1W.2 Cohabitation (Women)	
	R1W.3 Making the Marriage Choice	
	R1W.4 Staying Married	
	R1W.5 Single Parenting	
	Positive Partnerships for Men	
	R1M.1 Healthy Boundaries	
	R1M.2 Cohabitation (Men)	
	R1M.3 Making the Marriage Choice	
	R1M.4 Staying Married	
	R1M.5 Single Parenting	
	Practical Fatherhood	
	PF1.1 REAL Time	
	PF1.2 Role Models	
	PF1.3 Respect for Mothers	
	PF1.4 The Dad Difference, Vol. 1	
	PF1.5 Being a Leader	
	PF2.1 A Discipline Foundation	
	PF2.2 Discipline Guidelines	
	PF2.3 Situational Discipline	
	PF2.4 Being Consistent	
	PF2.5 The Dad Difference, Vol. 2 Involved from the Start	
	Life Skills	
	L2.1 Fighting the Impulse to Spend	
	L2.2 The Monster of Debt	
	L2.3 Credit Cards, Friend or Foe?	
	L2.4 Financial Emergencies	
	L2.5 Budgeting 101	
	L3.1 Credit Scores, the Good, the Bad, the Ugly	
	L3.2 Buying a Car	
	L3.3 Career or Job? Planning for More	
	L3.4 Staying out of Debt	
	L3.5 Your Financial Future	
	Bible Study	
	The Life I Choose	
	B3.5 The Gospel of John	